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In the last issue and also in this one, I regret one or two contributors' names have been omitted, so for the record here are details of the compilers and their contributions in the two issues:

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| pp 14-19 | Olympic Games - Tokyo 1964 - Photo-Finish Recordings | - Bob Sparks |

Vol.18 No.2

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(concluded on page 2!)

My apologies to those whose names were omitted! Another issue is already in the pipeline including U.K. All Time lists for Shot, Discus, Hammer and Javelin - compiled by Tony O'Neill. Ian Hodge has compiled in chronological order a list of all U.K. Sub 4-minute milers, with all their performances. Richard Hymans' third World All Time List - for 110m Hurdles - will also be included. A varied issue.

Other compilations, nearly ready for publication, include a U.K. All Time Womens Long Jump List, a 1979 Commonwealth List, a Commonwealth All Time list, U.K. All Time Lists for the 3000 Steeplechase and 400m Hurdles. Any volunteers to compile a similar list for 110m Hurdles?

One request, I would make, even implore of compilers, is that compilations be set out in the manner that they are to appear when typed and please, please think of the poor typist - hand writing must be legible, otherwise some very odd names appear! There are one or two in this issue which I am afraid it is too late to correct!

It is the committee's hope that N.U.T.S. NOTES should become a newsletter with a minimum of 16/20 pages and be available to the general public. In view of this, the method of production has had to be rethought and it is intended to produce future issues on offset litho, A.5 size after photo-reduction. We hope this method will be attractive to both our members and the public and that sales will justify the changed method.

Towards the end of last year in Athletics Weekly (Nov.17th issue) readers were asked to vote for the top World and U.K. Athletes of the 1970s (male and female) - one per category. Several members felt it would be a good idea to take this a stage further and have agreed to submit their nominations on an event-by-event basis, similar to that carried out by Track & Field News for both 60s and 70s - five per event. Any members interested, please send in your nominations.

Two pieces of good news - firstly, the 1980 A.T.F.S. Annual hopes to make its appearance earlier this year than for a long time - early June is the hoped-for publication date. Secondly, STANT has made a welcome reappearance; two issues appeared not so long ago - anyone wishing to subscribe, please send Sw. Fr. 35.00 to Antain Lyda, Route de la Veveyse 16, 1700 Preilburg, Schweiz.

Finally, please ignore the page numbers at the bottom of each page - a last minute editorial change of plan!

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80 METRES HURDLES (Round 1)

| <u>Heat 1</u> | | <u>Heat 2</u> | | <u>Heat 3</u> | |
|---------------|-------------|---------------|-------------|---------------|-------------|
| 1. Thrower | 10.79(10.8) | 1. Young | 11.26(11.2) | 1. Wigney | 11.10(11.1) |
| 2. Stuart | 11.10(11.1) | 2. Hayes | 11.27(11.2) | 2. Quinton | 11.18(11.2) |
| 3. Iyo | 12.35(12.3) | 3. Lewis | 11.77(11.8) | 3. Thomas | 11.59(11.6) |
| 4. Ashwood | 13.04(13.0) | 4. Watson | 11.87(11.8) | 4. Papafio | 11.94(11.8) |

(Final)

| | | | |
|------------|-------------|-----------|-------------|
| 1. Thrower | 10.72(10.7) | 4. Stuart | 11.18(11.0) |
| 2. Quinton | 10.77(10.7) | 5. Hayes | 11.21(11.2) |
| 3. Wigney | 10.94(10.9) | 6. Young | 11.34(11.3) |

4 x 110 YARDS (Round 1)

| <u>Heat 1</u> | | <u>Heat 2</u> | | <u>(Final)</u> | |
|---------------|-------------|---------------|-------------|----------------|-------------|
| 1. Australia | 46.68(46.6) | 1. England | 46.17(46.1) | 1. England | 45.37(45.3) |
| 2. Canada | 47.74(47.4) | 2. N.Zealand | 48.24(48.2) | 2. Australia | 46.12(46.1) |
| 3. Wales* | 48.93(?) | 3. Scotland | 48.44(48.3) | 3. Canada | 47.21(47.2) |
| 4. N.Ireland | 50.12(50.0) | 4. Nigeria | 49.57(49.6) | 4. N.Zealand | 48.34(48.3) |
| *disqualified | | | | 5. Scotland | 48.56(48.5) |
| | | | | 6. N.Ireland | 50.43(50.3) |

IN SEARCH OF A PERFECT DEBUT

A recent chat with Andrew Huxtable brought up the topic of an article for RUTS NOTES. A few ideas undoubtedly cropped up; a brief 327 page history of the sprints, a farce loosely based on my short career as a javelin catcher, and a suitably abrupt article on amateurism in athletics today. How about something on the quickest ascents to the status of world record holder, suggested Andrew.

It seemed a fairly simple exercise. Just check and see how many decathlons it took for Bob Mathias to get his first world record and I'd have the answer. Right? Wrong. In his 5th decathlon Mathias scored 8042 (1954 Tables), worth 7453 on the current system. However, Rafer Johnson made it on his 4th attempt with 7935 on the 1950 system equivalent to 7758 with the 1962 Tables, beating Mathias's final record of 7687 (7731).

It was obvious that no one else in the Decathlon was in the running, so who else could I turn to. Perhaps I'd be better advised in looking at long distance runners. Quite a few, like Viren and Matepek, have moved up to the marathon from shorter distances fairly successfully. No official world record stands in the marathon of course, but Abebe Bikila's 2 hr 15 m 16.2 came in only his 3rd attempt at the distance, equalling the achievement of Jim Peters' (2 hr 20 m 40.2) in the 1951 Poly Race. No one else set best performances at this distance as quickly.

Checking only Olympic and currently accepted metric distances led me to a grinding halt fairly quickly. Then, inspiration or so it seemed. Surely Glenn Davis's 49.5 in the intermediates came very early in his career. Glossing over results showed that it wasn't quite as swift as I'd thought. His record came in his 7th race (and fifth final) in the event. That Olympic Year of 1956 did show up a quicker though somewhat camouflaged ascent. Bobby-Joe Morrow equalled the 100 record of 10.2 on May 19th of that year in only his second ever race over that distance. However that record didn't have the immediacy of Rafer Johnson's or Abebe Bikila's performance as he was already recognised as a world class sprinter and the US champion over the imperial distance in the previous year.

That seemed to be the last word in brevity. It was quite a while before I realised I was wrong. I only discovered my error while doing innocuous research on shot-putters viz - the only putter known at one attempt to have dismantled a hotel room door (Reinfried Birkenbach), and similarly to have removed a screwed down cash register from its moorings (Mladyslaw Komar). Research such as this is an essential part of the lunacy required for qualifications as a track nut. It was

While doing this that the biography of Hip Keino crossed my field of vision. A check of Keino's record over 3,000 metres came in his first race at that event. (If anyone is aware of another athlete making an equally spectacular debut then let me know. It will give me an excuse to break off from my research of shot putters).

Richard Hyman

GB versus USA

Older members of the NUTS will doubtless recall the annual (?) competition between the McWhirters and the Nelsons on respective miling performances in each country. As I recall each country averaged the top 10 marks to see which was better. With the recent greater prevalence of 1500 metre running I have taken the opportunity of analysing some recent years as under:

| | USA | GB |
|------|----------------------|---------|
| 1974 | 3:39.68 | 3:40.99 |
| 1975 | 3:39.28 | 3:40.08 |
| 1976 | 3:38.14 | 3:39.86 |
| 1977 | 3:39.30 (7 men only) | 3:39.27 |
| 1978 | 3:38.90 | 3:38.50 |

Les Crouch

BEST PERFORMANCES SEEN - STAN GREENBERG AS AT 1ST NOVEMBER 1979

Since one doesn't want to cast doubt on the veracity of friends, I suggest that as long as someone is present in the stadium at the time of the performance it can count.

MEN

| | | | | |
|--------|---------|---------------------|--------------|-------------------------------------------|
| 100 | 10.03w | Don Quarrie | Edmonton | 1978(10.06 Hasely Crawford Montreal 1976) |
| 200 | 20.00 | Valeriy Borzov | Munich | 1972 |
| 400 | 44.26 | Alberto Juantorena | Montreal | 1976 |
| 800 | 1:43.5 | Alberto Juantorena | Montreal | 1976 |
| 1500 | 3:32.1 | Sebastian Coe | Zurich | 1979 |
| Mile | 3:49.6 | Steve Ovett | CP | 1979 |
| 5 Km | 13:14.4 | Ben Jipcho | Christchurch | 1974 |
| 10 Km | 27:30.3 | Brendan Foster | CP | 1978 |
| Mar | 2:09.12 | Ian Thompson | Christchurch | 1974 |
| 3KmSt | 8:08.0 | Anders Garderad | Montreal | 1976 |
| 11Ch | 13.24 | Rod Milburn | Munich | 1972 |
| 400h | 47.53 | Ed Moses | Montreal | 1979 |
| 4x100 | 38.03 | USA | Dusseldorf | 1977 |
| 4x400 | 2:59.8 | Kenya | Munich | 1972 |
| HJ | 2.351 | Vladimir Yashchenko | Milan | 1978 |
| LJ | 8.52 | Larry Myricks | Montreal | 1979 |
| TJ | 17.35 | Viktor Saneyev | Munich | 1972 |
| PV | 5.60 | Konstantin Volkov | Turin | 1979 |
| SP | 21.74 | Udo Beyer | Dusseldorf | 1977 |
| DT | 68.28 | Mac Wilkins | Montreal | 1976 |
| HT | 78.70 | Sergei Litvinov | Montreal | 1979 |
| JT | 94.58 | Miklos Nemeth | Montreal | 1976 |
| Decath | 8618 | Bruce Jenner | Montreal | 1976 |
| 20KmW | 1:23.12 | Roland Weiser | Prague | 1978 |
| 50KmW | 3:53.30 | Jorze Llopont | Prague | 1978 |

WOMEN

| | | | | |
|-------|---------|--------------------|-----------|-------------------------|
| 100 | 11.00 | Evelyn Ashford | Zurich | 1979 |
| 200 | 21.83 | Evelyn Ashford | Montreal | 1979 |
| 400 | 48.60 | Marita Koch | Turin | 1979 |
| 800 | 1:54.9 | Tatyana Kazankina | Montreal | 1976 |
| 1500 | 3:59.0 | Giona Romosnova | Prague | 1978 |
| 3000 | 8:33.2 | Svetlana Ulmasova | Prague | 1978 |
| 100h | 12.40w | Grazyna Rabsztyn | Bremen | 1979 (12.52 |
| 400h | 54.82 | Marina Makeyera | Turin | 1979 Rabsztyn |
| 4x100 | 42.09 | GDR | Turin | 1979 Zurich 1979) |
| 4x400 | 3:19.2 | GDR | Montreal | 1976 |
| HJ | 2.01 | Sara Simemi | Prague | 1978 |
| LJ | | Vilna Bardauskiene | Prague | 1978 |
| SP | 21.41 | Ilana Slvpianek | Prague | 1978 |
| DT | 69.48 | Fatna Melnik | Edinburgh | 1973 |
| JT | 69.16 | Ruth Fuchs | Prague | 1978 |
| Pent | 4744 ds | Nadezda Tkachenko | Prague | 1978 (4655 Marget Papp) |

NORTHERN IRELAND WOMEN'S ATHLETICS 1979

John Glover has produced an excellent summary of Womens Athletics in Ulster for 1979. More-over it has been a "One Man Effort" and he is to be congratulated on his efforts. Copies of the publication are available from him at 46 Castleview Road, Belfast BT 5 7 AX.

A.A.A. CHAMPIONSHIPS

The Amateur Athletics Association celebrates its centenary in 1980. To mark the occasion NUTS member Peter Lovesey has written the Official History of the AAA. This splendid work is published by Guinness Superlatives Ltd. at the end of October at a price of £7.95, which represents tremendous value for a 224 page book packed with superb illustrations.

I must at this point express an interest as I work for Guinness Superlatives. Can any other company contain such a concentration of NUTS? Three out of thirty five people (Norris McWhirter and Stan Greenberg being, of course, the others).

As my statistical contribution to this event for NUTS I have put together some facts and figures about AAA champions and placers.

Most individual titles (outdoors)

| | |
|------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| 14 McDonald Bailey: | 100y and 220y 1946-47, 1949-53 |
| 13 Denis Horgan: | Shot 1893-99, 1904-05, 1908-10, 1912 |
| 11 Harry Whittle: | 440 yards hurdles 1947-53; Long Jump 1947, 1949; 220 yards hurdles 1953; Decathlon 1950 |
| 10 Ken Matthews: | 2 miles walk 1959, 1961-64; 7 miles walk 1959-61, 1963-64 |
| 10 Alfred Shrubbs: | 1 mile 1903-04; 4 miles 1901-04; 10 miles 1901-04 |
| 8 Ron Hill: | 6 miles 1963; 10 miles 1965-69; marathon 1969, 1971 |
| + 9 Roger Mills: | 3000 metres walk 1969, 1972-74, 1976-79; 10000 metres walk 1973 |
| 8 William Barry, Lord Burghley, Don Finlay, Maurice Herriott, Jack Holden, Paul Nihill, Alan Pascoe, Thomas Ray, William Sturgess. | |

Most wins and placings in the first three by event:

| | |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 100y/m | Wins: 7 McDonald Bailey; 4 Charles Bradley, Arthur Duffey, Jack Morton Places: 8 Bailey; 5 Duffey, Morton, Brian Green, Arthur Sweeney |
| 200m/220y | Wins: 7 McDonald Bailey; 4 David Jones Places: 7 Bailey; 5 David Jones, Arthur Sweeney |
| 400m/440y | Wins: 5 David Jenkins Places: 8 Jenkins; 6 Peter Higgins, Edwin Montague, William Roberts |
| 800m/880y | Wins: 4 Brian Hewson Places: 6 Noel Carroll, Cecil Griffiths; 5 Hewson |
| 1500m/1M | Wins: 5 Sydney Wooderson; 4 William Nankeville Places: 7 Nankeville; 6 Wooderson, Cyril Ellis; 5 Alan Simpson, 5 Walter Wilkinson |
| 5000m/3M | Wins: 3 Ron Clarke, Brendan Foster, Bruce Tulloh Places: 5 Tulloh, Chris Chataway |
| 4 Miles | Wins: 4 Alfred Shrubbs Places: 6 Sidney Thomas; 5 Shrubbs |
| 10000m/6M | Wins: 5 David Bedford; 4 Gordon Pirie Places: 5 Bedford |
| Marathon | Wins: 6 Donald McNab Robertson; 5 Brian Kilby; 4 Jack Holden Places: 8 Robertson; 6 Kilby; 5 Sam Ferris, Ron Hill, Tom Richards, 5 Duncan McLeod Wright |
| Steeple | Wins: 8 Maurice Herriott; 4 Percy Hodge, Sidney Robinson, 4 Jack Webster Places: 9 Herriott; 7 John Disley; 6 George Bailey, Ernie Pomfret, 6 Eric Shirley, Webster; 5 Andy Holden |
| 110mh/120yh | Wins: 8 Donald Finlay; 6 Berwyn Price; 5 Fred Gaby; 4 Godfrey Shaw Places: 11 Finlay; 9 Price, Peter Hildreth; 8 Gaby; 7 Alfred Trafford, Shaw; 6 Kenneth Powell, Graham Gower, Lawrie Taitt |
| 400mh/440yh | Wins: 7 Harry Whittle; 5 Lord Burghley; 4 John Sherwood Places: 8 Burghley; 7 Whittle, Sherwood; 6 John Cooper |
| High Jump | Wins: 6 Howard Baker; 4 Con Leahy Places: 8 Baker, Crawford Fairbrother; 6 Ronald Pavitt |
| Pole Vault | Wins: 7 Thomas Ray; 5 Mike Bull, Richard Dickinson Places: 10 Ray; 8 Bull; 6 Dickinson, Geoffrey Elliott, Brian Hooper, 6 Richard Webster |
| Long Jump | Wins: 6 Peter O'Connor; 5 Lynn Davies; 4 Alan Lerwill Places: 9 Roy Cruttenden; 8 Davies; 7 O'Connor; 6 Lerwill |

| | |
|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Triple Jump | Wins: 6 Willem Peters; 5 Fred Alsop, Ken Wilmshurst Places: 9 Alsop; 8 Peters; 7 David Johnson; 6 Wilmshurst |
| Shot | Wins: 13 Denis Horgan; 7 Geoff Capes Places: 14 Horgan; 10 Capes, Robert Howland; 9 Martyn Lucking; 8 John Savidge; 7 Mike Lindsay, Jeff Teale; 6 William Barry, Tom Nicolson, Mike Winch |
| Discus | Wins: 7 William Tancred; 5 Patrick Bermingham; 4 Mark Pharaoh Places: 12 William Tancred; 7 Mike Lindsay; 6 Bermingham, Peter Tancred |
| Hammer | Wins: 6 Tom Nicolson; 5 William Barry, Thomas Kiely, Howard Payne; 4 Michael Ellis, Malcolm Nokes Places: 15 Payne; 9 Duncan Clark, Nokes; 8 Nicolson, Denis Horgan; 7 Kiely; 6 Peter Allday |
| Javelin | Wins: 7 David Travis Places: 12 Travis; 6 John McSorley |
| Decathlon | Wins: 4 Leslie Pinder Places: 5 Pinder |
| 3000m/2M Walk | Wins: 8 Roger Mills; 7 Albert Cooper; 5 Kenneth Matthews; 4 Robert Bridge, Paul Nihill, Alfred Pope Places: 11 Cooper; 9 Mills; 7 Harry Churcher, Matthews; 6 Nihill |
| 4 Miles Walk | Wins: 6 William Sturgess Places: 7 Sturgess |
| 10000m/7M W | Wins: 5 Brian Adams, Roland Hardy, Kenneth Matthews; 4 Harry Curtis, 4 Harry Churcher, Paul Nihill Places: 7 Churcher |

Most Successive Titles

| | | | |
|--------------------|---------------|-------------------|----------------|
| 7 Denis Horgan | Shot 1893-99 | 5 McDonald Bailey | 100y 1949-53 |
| 7 Albert Cooper | 2MW 1932-38 | 5 McDonald Bailey | 220y 1949-53 |
| 7 Don Finlay | 120yh 1932-38 | 5 Arthur Rowe | SP 1957-61 |
| 7 Harry Whittle | 400mh 1947-53 | 5 Brian Kilby | Mar 1960-64 |
| 7 Maurice Herriott | 3kS/C 1961-67 | 5 Ron Hill | 10M 1965-69 |
| 6 Peter O'Connor | LJ 1901-06 | 5 William Tancred | DT 1966-70 |
| 6 David Jenkins | 400m 1971-76 | 5 David Bedford | 10000m 1970-74 |
| 6 Berwyn Price | 110mh 1973-78 | 5 David Travis | JT 1970-74 |
| 5 Thomas Ray | PV 1884-88 | 5 Brian Adams | 10kW 1975-79 |
| 5 Sydney Wooderson | 1M 1935-39 | 5 Geoff Capes | SP 1975-79 |

Most Successive Placings in the First Three

| | | | |
|--------------------|---------------|-------------------|-------------------|
| 12 William Tancred | DT 1964-75 | 8 Thomas Ray | PV 1884-91 |
| 11 Albert Cooper | 2MW 1929-39 | 8 Denis Horgan | SP 1893-1900 |
| 11 David Travis | JT 1965-75 | 8 Howard Baker HJ | 1910-14 & 1919-21 |
| 10 Geoff Capes | SP 1970-79 | 8 Lord Burghley | 440yh 1926-33 |
| 9 Roy Cruttenden | LJ 1950-58 | 8 Don Finlay | 120yh 1931-38 |
| 9 Peter Hildreth | 120yh 1950-58 | 8 Robert Howland | SP 1932-39 |
| 9 Berwyn Price | 110mh 1970-78 | 8 Mike Bull | PV 1966-73 |
| 9 Howard Payne | HT 1959-67 | 8 David Jenkins | 400m 1971-78 |

(and from 1969-74)

Most Successive Second places

| | | | |
|--------------|------------|------------------|------------|
| 5 W.J.Fowler | 1M 1890-94 | 5 Robert Howland | SP 1935-39 |
|--------------|------------|------------------|------------|

Most Placings without a single win

| | | | |
|-------------------|-------------------|------------------|-------------------|
| 10 Robert Howland | SP 9-2nds, 1-3rd | 9 Martyn Lucking | SP 4-2nds, 5-3rds |
| 8 Denis Horgan | HT | | |
| 6 Mike Winch | SP 4-2nds, 2-3rds | | |

Champion at most events

| | |
|-----------------|------------------------------------------------|
| 4 Walter George | 880y, 1 mile, 4 miles, 10 miles |
| 4 Harry Whittle | 220 yards H, 440 yards H, long jump, decathlon |

Longest span of wins

| | | |
|----------|--------------|------------------------------|
| 19 years | Denis Horgan | SP 1893-1912 |
| 17 years | Don Finlay | 120yh 1932-49 |
| 17 years | Jack Holden | 6 miles 1933 - Marathon 1950 |

A.A.A. INDOOR CHAMPIONSHIPS - Most wins

| | | | |
|---|--------------|----------|-------------------------------------|
| 8 | Mike Bull | PV | 1967-72, 1974, 1977 |
| 6 | Geoff Capes | SP | 1971-72, 1974-75, 1977-78 |
| 6 | John Whetton | 1m/1500m | 1963-68 (also 1 at 1000 yards 1964) |
| 5 | Alan Pascoe | 60y/60mh | 1967-70, 1973 |
| 5 | Brian Hooper | PV | 1973, 1975-76, 1978-79 |

A.A.A. JUNIOR CHAMPIONSHIPS

Most wins at one event:

| | | | | | | | |
|---|---------------|------|---------|---|------------|----------------|---------|
| 4 | Milton Palmer | HJ | 1974-77 | 3 | John Lord | Walks (3k-10k) | 1972-74 |
| 3 | Charles Oades | 880y | 1933-35 | 3 | Guy Dirkin | DT | 1969-71 |
| 3 | Eddie Ellis | 1M | 1947-49 | | | | |

Most wins in all:

4 Milton Palmer; 4 Mike Lindsay (SP & DT 1956-57); 4 Richard Webster (PV & DT 1932-33); 4 George Broad (PV & LJ 1951-52)

Most different events won:

3 Paul Buxton - SP, DT & HT in 1975

A.A.A. YOUTHS CHAMPIONSHIPS

Most wins at one event: 13 athletes have won two consecutive titles.

ATHLETES TO WIN AT YOUTH- JUNIOR- and SENIOR

Only two men have won titles at each age category:

David Jenkins Youth 220 & 440y 1968; Junior 100m & 400m 1969; Senior 400m 1971-76
Brian Hooper Pole Vault: Youth 1969, Junior 1971; Senior 1973

One other athlete has won at both Youth and Senior, but not Junior:

Steve Ovett Youth 400m 1971-72; Senior 800m 1974-76, 1500m 1979

Several athletes have won at Youth and Junior levels but not yet at Senior level, including to name but one Sebastian Coe. Special mention should perhaps be made of

Angus McKenzie, winner of Youths 100h and LJ in 1971; Junior 110h and HJ 1972; Junior 110h 1973.

REPEAT 1-2-3'S

| | | | | |
|--------|-----------------|------------------|-------------------|-----------------------------------------------------------------------------------------------------|
| 110h | 1. Alan Pascoe | 2. Berwyn Price | 3. Graham Gower | in 1971 and 1972 Price and Gower finished 2-3 in 1970, 1971 and 1972 and 1-2 in 1973, 1974, 1975 |
| Mile | 1. F E Bacon | 2. W J Fowler | 3. W E Lutyens | 1893 and 1894 |
| 4MW | 1. W J sturgess | 2. J Butler | 3. E H Middleton | 1899 and 1900 |
| 100yds | 1. A F Duffy | 2. R W Wadsly | 3. D Murray | 1901 and 1902 |
| 4M | 1. E R Voight | 2. A J Robertson | 3. A E Wood | 1908 and 1909 |
| 120h | 1. Don Finlay | 2. John Thornton | 3. Jan Brant | 1936, 1937, 1938 Finlay, Thornton 1-2 in 1936 |
| JT | 1. Colin Smith | 2. | | |
| SP | 1. Arthur Rowe | 2. Mike Lindsay | 3. Martyn Lucking | 1959 and 1960 |
| HT | 1. Mike Ellis | 2. Mohamed Iqbal | 3. Howard Payne | 1959 and 1960 |

SUCCESSIVE 1-2

3 Km St 1. Maurice Herriott 2. Ernie Pomfret 1963, 1964, 1965, 1966, 1967.

AMENDMENTS/ADDITIONS TO 1978 COMMONWEALTH LISTS

100M

Note: 10.16 Peter Okodogbe(Nig)
10.2 Olayade Oyeledun(Nig)
(also in 200m)

200M

Add: 20.8 Benjamin Omodiale(Nig)

400M

Note: 45.61 Pele Udo (Nig)
Add: 46.53 Ahmed Guarba(Nig)

5km

Note: 13:28.5 Suleiman Nyambui(Tanz)

10km

Add: 28:04.2 Mike McLeod (Eng)

MAR

Note: 2:16:03 Paul Bannan (Can)

DECATHLON

Note: 7,165 Brad McStravick (Scot)

110H

Note: 13.74 Godwin Obasogie(Nig)
13.98 Thomas Nnakwe(Nig)
14.13 Pat Fogarty (Can)
Add: 14.14 Dennis Otono (Nig)
14.1 Many Modu (Nig)
14.3w Baba Mohamed (Gha)

400H

Note: 49.78 Peter Rwamuhanda (Uga)
50.8 M*Paka Fyneface (Nig)
Add: 51.00 Silver Ayoo (Uga)

LONG JUMP

Note: 7.67i Michael Halim (Nig)
7.65i John DoDoo (Gha)
7.66 Emmanuel Mifetu(Gha)
7.85w Jonathan Laniyan (Nig)
Add: 7.87 Moses Akporowho (Nig)
7.61 E Atemie (Nig)
7.60 Joseph Kio (Nig)

TRIPLE JUMP

Note: 16.26 Jonathan Laniyan(Nig)
~~16.07i~~ Osita Nsofor (Gha)
16.10i John Dodoo (Gha)
Add: 16.04 Joseph Kio (Nig)
15.73 O Coker (Nig)
15.71 Samuel Ossei (Nig)

SHOT

Add: 16.90 Alfred Sumaila (Gha)

DISCUS

Note: 59.84 Colin Sutherland (Sco)
Add: 54.52 Harris Salami (Nig)

4 x 400

Note: 3:03.3 Nigeria

WOMEN

400M

Add: 53.4 Hannah Afriyie (Gha)

800M

Note: 2:02.6 Evelyn McMeekin (Sco)

400H

Note: 60.5 Linda Brady (Sco)
60.6 Frances McCall (Eng)

LONG JUMP

Add: 61.2 Geroline Idienuma(Nig)

SHOT

Delete: 14.81 Vivienne Head (Wal)

4 x 400

Note: 3:40.0 Uganda
3:47.1 Nigeria

EUROPEAN CHAMPIONSHIPS MEDAL TABLE (1934-78)

| <u>COUNTRY</u> | <u>MEN</u> | | | <u>WOMEN</u> | | | <u>TOTAL</u> | | | <u>MEDALS</u> |
|----------------|------------|----|----|--------------|----|----|--------------|----|----|---------------|
| | G | S | B | G | S | B | G | S | B | |
| USSR | 51 | 49 | 48 | 47 | 27 | 29 | 98 | 76 | 77 | 251 |
| GERMANY(East) | 28 | 25 | 21 | 26 | 27 | 19 | 54 | 52 | 41 | 146 |
| GREAT BRITAIN | 35 | 23 | 29 | 8 | 13 | 17 | 43 | 36 | 46 | 125 |
| GERMANY(West) | 17 | 19 | 26 | 6 | 18 | 15 | 23 | 37 | 41 | 101 |
| POLAND | 17 | 19 | 15 | 13 | 5 | 16 | 30 | 24 | 31 | 85 |
| FINLAND | 24 | 21 | 27 | 2 | 1 | 3 | 26 | 22 | 30 | 78 |
| SWEDEN | 19 | 27 | 26 | - | 1 | - | 19 | 28 | 26 | 73 |
| FRANCE | 21 | 24 | 14 | 3 | 5 | 5 | 24 | 29 | 19 | 72 |
| ITALY | 17 | 19 | 12 | 2 | - | 6 | 19 | 19 | 18 | 56 |
| CZECHOSLOVAKIA | 8 | 8 | 18 | 5 | 4 | 5 | 13 | 12 | 23 | 48 |
| GERMANY | 14 | 7 | 7 | 5 | 6 | 4 | 19 | 13 | 11 | 43 |
| HUNGARY | 9 | 8 | 14 | 3 | 5 | 2 | 12 | 13 | 16 | 41 |
| HOLLAND | 6 | 4 | 4 | 7 | 7 | 5 | 13 | 11 | 9 | 33 |
| NORWAY | 2 | 7 | 5 | - | - | 3 | 2 | 7 | 8 | 17 |
| ROMANIA | - | 4 | 1 | 2 | 8 | 1 | 2 | 12 | 2 | 16 |
| SWITZERLAND | 2 | 4 | 5 | - | 2 | - | 2 | 6 | 5 | 13 |
| BELGIUM | 2 | 6 | 4 | - | - | - | 2 | 6 | 4 | 12 |
| YUGOSLAVIA | 2 | 4 | - | 2 | 1 | 2 | 4 | 5 | 2 | 11 |
| DENMARK | 2 | 3 | 2 | - | 1 | 1 | 2 | 4 | 3 | 9 |
| BULGARIA | 2 | 1 | - | 1 | 2 | 1 | 3 | 3 | 1 | 7 |
| ICELAND | 3 | 1 | 1 | - | - | - | 3 | 1 | 1 | 5 |
| AUSTRIA | - | - | - | 2 | 1 | 1 | 2 | 1 | 1 | 4 |
| ESTONIA | 2 | - | 1 | - | - | - | 2 | - | 1 | 3 |
| IRELAND | - | 2 | 1 | - | - | - | - | 2 | 1 | 3 |
| GREECE | - | 1 | 2 | - | - | - | - | 1 | 2 | 3 |
| LATVIA | 1 | - | - | - | - | - | 1 | - | - | 1 |
| SPAIN | 1 | - | - | - | - | - | 1 | - | - | 1 |
| TURKEY | - | - | 1 | - | - | - | - | - | 1 | 1 |

GREAT BRITAIN'S PAST RECORD IN THE EUROPEAN CHAMPIONSHIPS

| <u>YEAR</u> | <u>MEN</u> | | | <u>WOMEN</u> | | | <u>TOTAL</u> | | |
|-------------|------------|---|---|--------------|---|---|--------------|---|---|
| | G | S | B | G | S | B | G | S | B |
| 1938 | 4 | 3 | 1 | - | - | - | 4 | 3 | 1 |
| 1946 | 2 | 3 | 3 | - | 2 | - | 2 | 5 | 3 |
| 1950 | 6 | - | 4 | 2 | 3 | 2 | 8 | 3 | 6 |
| 1954 | 1 | 3 | 4 | 2 | 1 | 3 | 3 | 4 | 7 |
| 1958 | 6 | 3 | 3 | 1 | 2 | 2 | 7 | 5 | 5 |
| 1962 | 4 | 1 | 3 | 1 | 2 | 3 | 5 | 3 | 6 |
| 1966 | 2 | - | - | - | - | - | 2 | - | - |
| 1969 | 4 | 4 | 4 | 2 | - | 3 | 6 | 4 | 7 |
| 1971 | 1 | 2 | 4 | - | 2 | 1 | 1 | 4 | 5 |
| 1974 | 4 | 3 | 2 | - | - | 2 | 4 | 3 | 4 |
| 1978 | 1 | 2 | 2 | - | 2 | - | 1 | 4 | 2 |

DISTRIBUTION OF MEDALS IN EUROPEAN JUNIOR CHAMPIONSHIPS

| 1970 | MEN | | | WOMEN | | | TOTAL | | | MEDALS |
|----------------|-----|---|---|-------|---|---|-------|---|---|--------|
| COUNTRY | G | S | B | G | S | B | G | S | B | |
| BELGIUM | 1 | - | - | - | - | - | 1 | - | - | 1 |
| BULGARIA | 1 | - | - | - | - | - | 1 | - | - | 1 |
| CZECHOSLOVAKIA | 1 | - | 1 | 1 | - | - | 2 | - | 1 | 3 |
| FINLAND | 1 | 1 | - | - | - | - | 1 | 1 | - | 2 |
| FRANCE | 1 | 6 | 1 | - | - | 2 | 1 | 6 | 3 | 10 |
| GERMANY (East) | 3 | 2 | 4 | 7 | 2 | 3 | 10 | 4 | 7 | 21 |
| GERMANY (West) | 3 | 4 | 2 | - | 4 | 3 | 3 | 8 | 5 | 16 |
| GREAT BRITAIN | 2 | 1 | - | 1 | 3 | 1 | 3 | 4 | 1 | 8 |
| HOLLAND | - | - | 1 | 1 | - | - | 1 | - | 1 | 2 |
| HUNGARY | - | - | 4 | 1 | - | - | 1 | - | 4 | 5 |
| POLAND | 1 | 1 | 1 | 3 | 2 | - | 4 | 3 | 1 | 8 |
| RUMANIA | - | 1 | - | - | 1 | - | - | 2 | - | 2 |
| SPAIN | - | - | 1 | - | - | - | - | - | 1 | 1 |
| SWEDEN | - | - | - | - | - | 1 | - | - | 1 | 1 |
| USSR | 7 | 5 | 5 | - | 2 | 4 | 7 | 7 | 9 | 23 |
| YUGOSLAVIA | - | - | 1 | - | - | - | - | - | 1 | 1 |

| 1973 | MEN | | | WOMEN | | | TOTAL | | | MEDALS |
|----------------|-----|---|---|-------|---|---|-------|---|---|--------|
| BELGIUM | 1 | - | - | - | - | 1 | 1 | - | 1 | 2 |
| BULGARIA | - | 4 | - | 1 | - | 1 | 1 | 4 | 1 | 6 |
| DENMARK | - | - | 1 | - | - | - | - | - | 1 | 1 |
| FRANCE | 1 | 2 | 2 | - | 2 | - | 1 | 4 | 2 | 7 |
| GERMANY (East) | 11 | 4 | 3 | 10 | 4 | 3 | 21 | 8 | 6 | 35 |
| GERMANY (West) | 1 | 4 | 2 | 1 | 3 | 2 | 2 | 7 | 4 | 13 |
| GREAT BRITAIN | 1 | - | 2 | 1 | 3 | 1 | 2 | 3 | 3 | 8 |
| HOLLAND | - | - | - | - | 1 | - | - | 1 | - | 1 |
| HUNGARY | - | - | - | - | 1 | - | - | 1 | - | 1 |
| ITALY | - | - | 3 | - | - | - | - | - | 3 | 3 |
| POLAND | 1 | 1 | 3 | - | - | 3 | 1 | 1 | 6 | 8 |
| RUMANIA | 1 | 2 | - | - | - | 1 | 1 | 2 | 1 | 4 |
| SPAIN | 1 | 1 | - | - | - | - | 1 | 1 | - | 2 |
| SWEDEN | - | 1 | 2 | 1 | 1 | - | 1 | 2 | 2 | 5 |
| SWITZERLAND | - | - | 1 | - | - | - | - | - | 1 | 1 |
| USSR | 4 | 3 | 4 | - | - | 1 | 4 | 3 | 5 | 12 |

| 1975 | MEN | | | WOMEN | | | TOTAL | | | MEDALS |
|----------------|-----|---|---|-------|---|---|-------|---|---|--------|
| AUSTRIA | - | 1 | - | - | - | 2 | - | 1 | 2 | 3 |
| BELGIUM | 1 | - | - | - | - | 2 | 1 | - | 2 | 3 |
| BULGARIA | - | 1 | - | 1 | 1 | 1 | 1 | 2 | 1 | 4 |
| CZECHOSLOVAKIA | - | - | 1 | - | 1 | - | - | 1 | 1 | 2 |
| DENMARK | - | - | - | - | 1 | - | - | 1 | - | 1 |
| EIRE | - | 1 | - | - | - | - | - | 1 | - | 1 |
| FINLAND | 1 | - | - | - | 1 | - | 1 | 1 | - | 2 |
| FRANCE | 2 | 2 | 1 | 1 | - | - | 3 | 2 | 1 | 6 |
| GERMANY (East) | 5 | 3 | 1 | 7 | 5 | 1 | 12 | 8 | 2 | 22 |
| GERMANY (West) | 3 | 6 | 1 | 1 | 1 | 2 | 4 | 7 | 3 | 14 |
| GREAT BRITAIN | 2 | 1 | 1 | - | 1 | 2 | 2 | 2 | 3 | 7 |
| GREECE | - | 2 | - | - | - | - | - | 2 | - | 2 |
| HOLLAND | - | - | - | 1 | - | - | 1 | - | - | 1 |
| HUNGARY | - | - | - | - | 1 | 1 | - | 1 | 1 | 2 |
| ITALY | - | - | 2 | - | - | 1 | - | - | 3 | 3 |
| POLAND | 3 | - | 2 | - | 1 | - | 3 | 1 | 2 | 6 |
| RUMANIA | - | - | - | - | - | 1 | - | - | 1 | 1 |
| SPAIN | - | 1 | 3 | - | - | - | - | 1 | 3 | 4 |
| SWEDEN | - | - | 1 | - | - | - | - | - | 1 | 1 |
| SWITZERLAND | - | 1 | 1 | - | - | - | - | 1 | 1 | 2 |
| USSR | 5 | 3 | 7 | 3 | - | 1 | 8 | 3 | 8 | 19 |
| YUGOSLAVIA | - | - | 1 | - | 1 | - | - | 1 | 1 | 2 |

| 1977 | MEN | | | WOMEN | | | TOTAL | | | MEDALS |
|----------------|-----|---|---|-------|---|---|-------|----|---|--------|
| COUNTRY | G | S | B | G | S | B | G | S | B | |
| BELGIUM | - | - | 1 | - | 1 | - | - | 1 | 1 | 2 |
| BULGARIA | - | 1 | 1 | - | - | - | - | 1 | 1 | 2 |
| DENMARK | - | - | - | 1 | - | - | 1 | - | - | 1 |
| FINLAND | 3 | 1 | - | - | - | - | 3 | 1 | - | 4 |
| FRANCE | 2 | - | 1 | - | - | - | 2 | - | 1 | 3 |
| GERMANY (East) | 6 | 2 | 3 | 9 | 9 | 3 | 15 | 11 | 6 | 32 |
| GERMANY (West) | 1 | 3 | 4 | 3 | 4 | 2 | 4 | 7 | 6 | 17 |
| GREAT BRITAIN | 2 | 2 | 4 | - | - | 4 | 2 | 2 | 8 | 12 |
| HUNGARY | - | 1 | - | - | - | - | - | 1 | - | 1 |
| ITALY | 1 | - | 1 | - | - | - | 1 | - | 1 | 2 |
| POLAND | 1 | 1 | 2 | - | - | 1 | 1 | 1 | 3 | 5 |
| SPAIN | 1 | 1 | - | - | - | - | 1 | 1 | - | 2 |
| SWEDEN | - | - | 1 | - | - | - | - | - | 1 | 1 |
| SWITZERLAND | - | 1 | 1 | - | - | - | - | 1 | 1 | 2 |
| USSR | 5 | 4 | 3 | 1 | - | 5 | 6 | 4 | 8 | 18 |

| 1979 | MEN | | | WOMEN | | | TOTAL | | | MEDALS |
|----------------|-----|---|---|-------|---|---|-------|----|---|--------|
| COUNTRY | G | S | B | G | S | B | G | S | B | |
| BELGIUM | - | 1 | - | - | 1 | - | - | 2 | - | 2 |
| BULGARIA | - | - | 1 | - | - | 3 | - | - | 4 | 4 |
| CZECHOSLOVAKIA | 2 | - | - | - | - | - | 2 | - | - | 2 |
| FINLAND | - | - | - | 1 | - | - | 1 | - | - | 1 |
| FRANCE | - | - | 2 | - | - | - | - | - | 2 | 2 |
| GERMANY (East) | 4 | 7 | 4 | 10 | 5 | 2 | 14 | 12 | 6 | 32 |
| GERMANY (West) | 6 | 5 | 1 | 1 | 3 | 4 | 7 | 5 | 5 | 17 |
| GREAT BRITAIN | 4 | 2 | 2 | 1 | - | 2 | 5 | 2 | 4 | 11 |
| HUNGARY | - | 1 | - | - | - | - | - | 1 | - | 1 |
| GREECE | 1 | - | - | - | - | - | 1 | - | - | 1 |
| ITALY | 1 | 1 | 2 | - | - | - | 1 | 1 | 2 | 4 |
| NORWAY | - | 1 | - | - | 1 | - | - | 2 | - | 2 |
| POLAND | 1 | - | 2 | - | - | - | 1 | - | 2 | 3 |
| PORTUGAL | - | - | 1 | - | - | - | - | - | 1 | 1 |
| RUMANIA | - | - | 1 | - | - | 1 | - | - | 2 | 2 |
| SWITZERLAND | - | - | 2 | - | - | - | - | - | 2 | 2 |
| USSR | 3 | 8 | 3 | 1 | 4 | 3 | 4 | 12 | 6 | 22 |

| MEDALS TABLE (1970-79) | | | | | | | | | | |
|------------------------|----|----|----|----|----|----|----|----|----|-----|
| COUNTRY | G | S | B | G | S | B | G | S | B | |
| GERMANY (East) | 29 | 18 | 15 | 43 | 25 | 12 | 62 | 43 | 27 | 132 |
| USSR | 24 | 23 | 22 | 5 | 6 | 14 | 29 | 29 | 36 | 94 |
| GERMANY (West) | 14 | 19 | 10 | 6 | 15 | 13 | 20 | 34 | 23 | 77 |
| GREAT BRITAIN | 11 | 6 | 9 | 3 | 7 | 8 | 14 | 13 | 17 | 44 |
| POLAND | 7 | 3 | 10 | 3 | 3 | 4 | 10 | 6 | 14 | 30 |
| FRANCE | 6 | 10 | 7 | 1 | 3 | 2 | 7 | 13 | 9 | 29 |
| BULGARIA | 1 | 6 | 2 | 2 | 1 | 5 | 3 | 7 | 7 | 17 |
| ITALY | 2 | 1 | 8 | - | - | 1 | 2 | 1 | 9 | 12 |
| BELGIUM | 3 | 1 | 1 | - | 2 | 3 | 3 | 3 | 4 | 10 |
| HUNGARY | - | 2 | 4 | 1 | 2 | 1 | 1 | 4 | 5 | 10 |
| SPAIN | 2 | 3 | 4 | - | - | - | 2 | 3 | 4 | 9 |
| RUMANIA | 1 | 3 | 1 | - | 1 | 3 | 1 | 4 | 4 | 9 |
| FINLAND | 5 | 2 | - | 1 | - | - | 6 | 2 | - | 8 |
| SWEDEN | - | 1 | 4 | 1 | 1 | 1 | 1 | 2 | 5 | 8 |
| CZECHOSLOVAKIA | 3 | - | 2 | 1 | 1 | - | 4 | 1 | 2 | 7 |
| SWITZERLAND | - | 2 | 5 | - | - | - | - | 2 | 5 | 7 |
| HOLLAND | - | - | 1 | 2 | 1 | - | 2 | 1 | 1 | 4 |
| GREECE | 1 | 2 | - | - | - | - | 1 | 2 | - | 3 |
| DENMARK | - | - | 1 | 1 | 1 | - | 1 | 1 | - | 3 |
| YUGOSLAVIA | - | - | 2 | - | 1 | - | - | 1 | 2 | 3 |
| AUSTRIA | - | 1 | - | - | - | 2 | - | 1 | 2 | 3 |
| NORWAY | - | 1 | - | - | 1 | - | - | 2 | - | 2 |
| EIRE | - | 1 | - | - | - | - | - | 1 | - | 1 |
| PORTUGAL | - | - | 1 | - | - | - | - | - | 1 | 1 |

ONE LAP IMPERFECT

For some time UK athletics has had at least one "trough" event. I refer to the one lap (440/400) "dash". In reviewing the situation I have selected three years over a 21 year spanning 1958, 1968 and 1978. All these were years of major competition for the UK and are hopefully representative. Shown below are the leading UK male runners and their performances with the usual adjustment between yards and metres.

| 1958 | | 1968 | | 1978 | |
|------|-----------|------|---------------|------|-----------|
| 46.3 | WRIGHTON | 45.9 | CAMPBELL | 45.5 | COHEN |
| 46.5 | SAMPSON | 45.9 | WIMBOLT-LEWIS | 46.0 | JENKINS |
| 46.5 | SALISBURY | 46.6 | HEMERY | 46.2 | WHITEHEAD |
| 47.0 | MACISAAC | 46.6 | ROBERTSON | 46.3 | ASHTON |
| 47.4 | JOHNSON | 46.7 | DAVIES | 46.4 | LAING |

In 1958 the 20th ranked athlete recorded 48.9, in 1968 47.9 and last year 47.8. It is, of course, very difficult to equate conditions one year with another and I am inclined to the view that "all-weather" tracks are worth at least half-a-second per lap which suggests that the rate of progress has been minimal over the last two decades.

The two distances on "either side" of one lap have both shown marked improvement both at the top and in depth - particularly when one allows for 1958 hand timing of the 220/200.

As to why this event should be "stale-mated" I do not offer any answers.

Some sprinters move up with mixed success and today we have the somewhat shame-faced situation of the world record-holder for the mile running anchor leg for the National 4 x 400 team, and being first UK man home in the National Championship!!

It may be argued that after the artificially high plateau reached in 1968 (no pun intended) at Mexico that the event has similarly slowed in world terms.

| 1958 | | 1968 | | 1978 | |
|------|----------|------|----------|------|------------|
| 45.4 | DAVIS | 43.8 | EVANS | 44.3 | JUANTORENA |
| 45.5 | SOUTHERN | 43.9 | JAMES | 44.7 | SMITH |
| 45.8 | JENKINS | 44.4 | MATTHEWS | 45.0 | MULLINS |
| 46.0 | SPENCE | 44.4 | FREEMAN | 45.1 | SCHMID |
| 46.1 | KERR | 44.9 | COLLETT | 45.1 | GATSON |

It is further interesting to note that UK athletes ranked 10, 16 and 18 in the world in 1958 with some considerable lessening of that situation now prevailing. The UK has for many generations a reputation for producing the goods in relays viz 1936 and 1964, when in ordinary terms their placing was well in excess of individual rankings. However, that situation does not, I suggest, explain the problem.

As this item is written the 1979 UK ranking list per one lap is becoming congested between 46.5 and 47.0, strong in depth but there is no indication that any one performer is any better than any other and I am inclined to the view that if the leading six were to race each other six times one would see six different winners!!

Les Crouch

PHOTO-FINISH RECORDINGS AT 1958 B.E. & C. GAMES

With the generous assistance of Racecourse Technical Services, who lent me all the films for perusal, I have been able to ascertain almost all automatic timings of the 1958 Games. The only exceptions are the lower placings in the 3 and 6 miles (the films covered only the leaders) and first-round heats of the 100 and 440 yards, when the camera installations were being tested. In the latter case, differentials are available and are shown in hundredths behind the winner. In the following list, original manual times are shown in brackets. On occasions, official placings were clearly at fault, and such errors are indicated; the positions shown here are true, according to the photo-finish.

100 YARDS (Round 1)

Heat 1

| | | |
|-------------|------|--------|
| 1. Robinson | - | (9.5) |
| 2. Hogan | 0.29 | (9.8) |
| 3. Goddard | 0.33 | (9.9) |
| 4. Doherty | 0.93 | (10.4) |

Heat 2

| | | |
|--------------|------|--------|
| 1. Omagbemi | - | (9.7) |
| 2. Carragher | 0.17 | (10.0) |
| 3. Roberts | 0.40 | (10.1) |
| 4. Shariff | 0.45 | (10.2) |
| 5. Stott | 0.83 | (10.5) |

Heat 3

| | | |
|-------------|-----------|---------|
| 1. Rae | - | (9.8) |
| 2. Breacker | 0.14 | (9.9) |
| 3. Okello | 0.24 | (10.0) |
| | given 4th | |
| 4. Ampadu | 0.27 | (10.3)! |
| | given 3rd | |
| 5. Hamilton | 0.54 | (10.4) |

Heat 4

| | | |
|------------|------|--------|
| 1. Radford | - | (9.8) |
| 2. Cameron | 0.09 | (10.0) |
| 3. Nduga | 0.24 | (10.0) |
| 4. Antao | 0.25 | (10.0) |
| 5. Lee | 0.72 | (10.5) |

Heat 5

| | | |
|-------------|------|--------|
| 1. R. Jones | - | (9.9) |
| 2. Levenson | 0.01 | (9.9) |
| 3. Akraha | 0.01 | (9.9) |
| 4. Amukun | 0.11 | (9.9) |
| 5. Mayers | 0.50 | (10.3) |

Heat 6

| | | |
|-------------|------|--------|
| 1. Day | - | (9.9) |
| 2. Khaliq | 0.03 | (9.9) |
| 3. Odofin | 0.06 | (9.9) |
| 4. Chemweno | 0.32 | (10.1) |
| 5. Edgar | 0.48 | (10.5) |

Heat 7

| | | |
|-------------|------|---------|
| 1. Segal | - | (9.9) |
| 2. Harewood | 0.04 | (10.2)! |
| 3. Stanger | 0.17 | (10.2) |
| 4. Lawson | 0.23 | (10.2) |
| 5. Street | 0.32 | (10.3) |

Heat 8

| | | |
|--------------|------|--------|
| 1. Jefferys | - | (9.8) |
| 2. Whitehead | 0.08 | (9.9) |
| 3. Lansana | 0.43 | (10.3) |
| 4. Boit | 0.63 | (10.5) |
| 5. Patel | 1.65 | (11.2) |

Heat 9

| | | |
|-------------|------|--------|
| 1. Agostini | - | (9.7) |
| 2. Obi | 0.09 | (9.8) |
| 3. Gale | 0.40 | (10.1) |
| 4. Cockburn | 0.56 | (10.2) |
| 5. Anderson | 0.77 | (10.3) |

Heat 10

| | | |
|--------------|------|--------|
| 1. Gardner | - | (9.7) |
| 2. Sandstrom | 0.29 | (10.0) |
| 3. Toner | 0.56 | (10.1) |
| 4. Bwowe | 0.58 | (10.3) |
| 5. K-Skipton | 1.06 | (10.4) |

Heat 11

| | | |
|-----------|-------|--------|
| 1. Dunbar | 10.15 | (10.0) |
| 2. Tan | 10.18 | (10.1) |
| 3. Luxon | 10.65 | (10.4) |
| 4. Hein | 10.81 | (10.8) |

Heat 12

| | | |
|-------------|------|--------|
| 1. Morgan | - | (10.0) |
| 2. McCann | 0.00 | (10.1) |
| 3. Solomon | 0.03 | (10.2) |
| 4. Williams | 0.13 | (10.2) |
| 5. Chambers | 0.33 | (10.2) |

(Round 2)

Heat 1

| | | |
|-------------|-------|--------|
| 1. Robinson | 9.81 | (9.6) |
| 2. Khaliq | 10.00 | (9.9) |
| 3. Segal | 10.03 | (9.9) |
| 4. Cameron | 10.05 | (9.9) |
| 5. Gale | 10.21 | (10.0) |
| 6. Ampadu | 10.51 | (10.4) |

Heat 2

| | | |
|-------------|-------|--------|
| 1. Agostini | 9.85 | (9.7) |
| 2. Day | 9.88 | (9.8) |
| 3. Akraha | 9.97 | (9.8) |
| 4. Breacker | 10.02 | (9.8) |
| 5. Nduga | 10.21 | (10.0) |
| 6. Tan | 10.43 | (10.3) |

Heat 3

| | | |
|--------------|-------|--------|
| 1. Omagbemi | 9.91 | (9.7) |
| 2. Sandstrom | 10.07 | (9.9) |
| 3. Whitehead | 10.10 | (10.0) |
| 4. McCann | 10.33 | (10.2) |
| 5. Toner | 10.45 | (10.5) |
| 6. Luxon | 10.63 | (10.5) |

Heat 4

| | | |
|--------------|------|--------|
| 1. Rae | - | (9.8) |
| 2. Odofin | 0.03 | (9.9) |
| 3. Goddard | 0.08 | (10.0) |
| 4. Morgan | 0.22 | (10.0) |
| 5. Solomon | 0.32 | (10.0) |
| 6. Carragher | 1.11 | (10.2) |

Heat 5

| | | |
|------------|-----------|--------|
| 1. Radford | 9.84 | (9.7) |
| 2. Obi | 10.01 | (9.9) |
| | given 3rd | |
| 3. Hogan | 10.01 | (10.0) |
| | given 2nd | |
| 4. Roberts | 10.30 | (10.1) |
| 5. Stanger | 10.33 | (10.2) |
| 6. Lansana | 10.50 | (10.4) |

Heat 6

| | | |
|-------------|-------|--------|
| 1. Gardner | 9.69 | (9.5) |
| 2. Jefferys | 9.84 | (9.6) |
| 3. Levenson | 10.02 | (9.8) |
| 4. Jones | 10.13 | (10.0) |
| 5. Dunbar | 10.22 | (10.0) |
| 6. Harewood | 10.26 | (10.1) |

(Semi-finals)

Heat 1

| | | |
|--------------|-------|--------|
| 1. Robinson | 9.70 | (9.5) |
| 2. Omagbemi | 9.77 | (9.7) |
| 3. Agostini | 9.79 | (9.7) |
| 4. Jefferys | 9.86 | (9.7) |
| 5. Hogan | 10.01 | (9.7)! |
| 6. Sandstrom | 10.03 | (9.8) |

Heat 2

| | | |
|------------|-----------|-------|
| 1. Gardner | 9.74 | (9.6) |
| 2. Radford | 9.81 | (9.8) |
| 3. Rae | 9.96 | (9.8) |
| | given 4th | |
| 4. Day | 9.99 | (9.8) |
| | given 3rd | |
| 5. Odofin | 10.01 | (9.8) |
| 6. Khaliq | 10.03 | (9.8) |

(Final)

| | | |
|-------------|------|-------|
| 1. Gardner | 9.66 | (9.4) |
| 2. Robinson | 9.69 | (9.6) |
| 3. Agostini | 9.79 | (9.6) |
| 4. Radford | 9.80 | (9.7) |
| 5. Omagbemi | 9.86 | (9.7) |
| 6. Day | 9.87 | (9.8) |

220 YARDS (Round 1)

Heat 1

| | | |
|--------------|-------|--------|
| 1. Gardner | 22.04 | (22.0) |
| 2. Henderson | 22.27 | (22.4) |
| 3. Chemweno | 22.47 | (22.5) |
| 4. Esan | 22.59 | (22.5) |

Heat 2

| | | |
|-------------|-----------|--------|
| 1. Robinson | 21.55 | (21.6) |
| 2. J. Jones | 22.12 | (21.9) |
| 3. Chambers | 22.21 | (22.3) |
| | given 4th | |
| 4. Lawson | 22.24 | (22.3) |
| | given 3rd | |
| 5. Okello | 22.52 | (22.4) |
| 6. Tomwa | 23.78 | (23.6) |

Heat 3

| | | |
|-------------|-------|--------|
| 1. Nduga | 21.80 | (21.7) |
| 2. Agostini | 22.24 | (22.2) |
| 3. Gale | 22.39 | (22.4) |
| 4. Fleck | 22.55 | (22.5) |
| 5. Harewood | 22.98 | (22.9) |
| 6. Anderson | 23.19 | (23.2) |

Heat 4

| | | |
|-------------|-------|--------|
| 1. Levenson | 21.59 | (21.6) |
| 2. Segal | 22.01 | (21.9) |
| 3. Akraha | 22.47 | (22.4) |
| 4. Street | 23.31 | (23.3) |
| 5. Doherty | 23.67 | (23.5) |

Heat 5

| | | |
|-------------|-------|--------|
| 1. Rae | 22.21 | (22.1) |
| 2. Antao | 22.40 | (22.3) |
| 3. James | 22.98 | (23.0) |
| 4. Cockburn | 23.04 | (23.1) |
| 5. Benjamin | 23.68 | (23.4) |

Heat 6

| | | |
|-------------|-------|--------|
| 1. Bertrand | 21.99 | (22.1) |
| 2. Scott- | | |
| Oldfield | 22.12 | (22.1) |
| 3. Khaliq | 22.46 | (22.4) |
| 4. Toner | 22.55 | (22.6) |
| 5. Oliver | 22.87 | (22.8) |

Heat 7

| | | |
|------------|-------|--------|
| 1. Day | 21.94 | (21.9) |
| 2. Radford | 22.19 | (22.1) |
| 3. Sharif | 22.84 | (22.8) |
| 4. Quartey | 23.13 | (23.1) |
| 5. Mayers | 23.47 | (23.3) |

Heat 8

| | | |
|-------------|-------|--------|
| 1. Jefferys | 21.28 | (21.4) |
| 2. Amukun | 22.14 | (22.0) |
| 3. Solomon | 22.44 | (22.5) |
| 4. Clement | 22.50 | (22.5) |
| 5. Stott | 24.00 | (23.9) |

Heat 9

| | | |
|---------------|-------|--------|
| 1. Brightwell | 22.05 | (22.0) |
| 2. Cameron | 22.26 | (22.2) |
| 3. Whitehead | 22.78 | (22.9) |
| 4. K-Skipton | 24.10 | (24.1) |

(Round 2)

Heat 1

| | | |
|------------|-------|--------|
| 1. Gardner | 21.46 | (21.5) |
| 2. Cameron | 21.66 | (21.5) |
| 3. Akraha | 21.94 | (22.0) |
| 4. Lawson | 22.22 | (22.1) |
| 5. Solomon | 22.60 | (22.6) |
| 6. Khaliq | 23.55 | (23.4) |

Heat 2

| | | |
|--------------|-------|--------|
| 1. Jefferys | 21.16 | (21.2) |
| 2. Segal | 21.57 | (21.4) |
| 3. Whitehead | 22.02 | (22.0) |
| 4. Chambers | 22.39 | (22.4) |
| 5. Nduga | 22.49 | (22.5) |
| 6. Henderson | 23.16 | (23.0) |

Heat 3

| | | |
|---------------|-------|--------|
| 1. Brightwell | 21.54 | (21.5) |
| 2. Agostini | 21.56 | (21.5) |
| 3. Bertrand | 21.77 | (21.7) |
| 4. Chemweno | 22.30 | (22.3) |
| 5. Sharif | 22.57 | (22.6) |
| 6. Street | 22.94 | (22.8) |

Heat 4

| | | |
|-------------|-------|--------|
| 1. Radford | 21.47 | (21.5) |
| 2. Rae | 21.74 | (21.7) |
| 3. Amukun | 22.09 | (22.1) |
| 4. Gale | 22.23 | (22.1) |
| 5. Esan | 22.45 | (22.4) |
| 6. Cockburn | 22.56 | (22.5) |

Heat 5

| | | |
|-------------|-------|--------|
| 1. Levenson | 21.48 | (21.5) |
| 2. Scott- | | |
| Oldfield | 21.63 | (21.5) |
| 3. J. Jones | 22.08 | (22.1) |
| 4. Antao | 22.20 | (22.2) |
| 5. Quartey | 22.39 | (22.4) |

Heat 6

| | | |
|-------------|-------|--------|
| 1. Day | 21.23 | (21.3) |
| 2. Robinson | 21.29 | (21.3) |
| 3. Fleck | 22.19 | (22.2) |
| 4. James | 22.37 | (22.4) |
| 5. Clement | 22.49 | (22.5) |
| 6. Toner | 22.62 | (22.5) |

(Semi-finals)

Heat 1

| | | |
|-------------|-------|--------|
| 1. Day | 21.11 | (21.2) |
| 2. Levenson | 21.25 | (21.2) |
| 3. Gardner | 21.27 | (21.3) |
| 4. Segal | 21.30 | (21.3) |
| 5. Radford | 21.36 | (21.5) |
| 6. Agostini | 21.71 | (21.5) |

Heat 2

| | | |
|---------------|-------|--------|
| 1. Robinson | 20.86 | (20.9) |
| 2. Jefferys | 20.95 | (20.9) |
| 3. Scott- | | |
| Oldfield | 21.53 | (21.5) |
| 4. Brightwell | 21.54 | (21.5) |
| 5. Cameron | 21.86 | (21.8) |
| 6. Rae | 21.97 | (21.9) |

(Final)

| | | |
|-------------|-------|--------|
| 1. Robinson | 21.08 | (21.0) |
| 2. Gardner | 21.11 | (21.0) |
| 3. Day | 21.15 | (21.1) |
| 4. Levenson | 21.51 | (21.5) |
| 5. Scott- | | |
| Oldfield | 21.90 | (21.8) |
| 6. - | | |

440 YARDS (Round 1)

Heat 1

| | | |
|-------------|------|--------|
| 1. MacIsaac | - | (48.3) |
| 2. Gosper | 0.11 | (48.3) |
| 3. Okello | 0.69 | (48.7) |
| 4. LeRoy | 2.62 | (50.5) |
| 5. Flower | - | (53.1) |

Heat 2

| | | |
|---------------|------|--------|
| 1. Spence(SA) | | (47.6) |
| 2. Ince | 0.39 | (47.9) |
| 3. Sampson | 0.81 | (48.4) |
| 4. Clement | 1.65 | (49.4) |
| 5. Hay | 2.32 | (29.9) |

Heat 3

| | | |
|---------------|------|--------|
| 1. Mal Spence | | (48.3) |
| 2. Salisbury | 0.40 | (48.7) |
| 3. Paterson | 0.66 | (48.9) |
| 4. Owusu | 0.85 | (49.2) |
| 5. Arogundade | 4.05 | (42.3) |

Heat 4

| | | |
|------------|------|--------|
| 1. Kerr | - | (48.4) |
| 2. Johnson | 0.75 | (49.0) |
| 3. Quartey | 1.92 | (50.0) |
| 4. Dundas | 2.81 | (51.0) |
| 5. Tommy | 3.91 | (52.0) |

Heat 5

| | | |
|---------------|------|--------|
| 1. M.Singh | - | (48.9) |
| 2. Chemweno | 0.15 | (48.9) |
| 3. Jackson | 0.56 | (49.2) |
| 4. Mel Spence | 1.40 | (50.2) |
| 5. Benjamin | 3.47 | (52.1) |

Heat 6

| | | |
|-------------|------|--------|
| 1. Evans | - | (48.9) |
| 2. Robinson | 0.17 | (48.9) |
| 3. Shepherd | 0.76 | (49.6) |
| 4. Yaqub | 1.31 | (50.1) |
| 5. Ampadu | 1.50 | (50.2) |
| 6. C.James | - | (54.6) |

Heat 7

| | | |
|---------------|------|--------|
| 1. Wrighton | - | (49.5) |
| 2. Boit | 0.35 | (49.7) |
| 3. Thomson | 0.49 | (49.7) |
| 4. D J. Singh | 0.95 | (50.2) |
| 5. O'adapo | 1.68 | (50.7) |

Heat 8

| | | |
|------------|------|--------|
| 1. Tobacco | | (48.2) |
| 2. Rotich | 0.98 | (49.1) |
| 3. Ahmad | 1.72 | (49.7) |
| 4. G.James | 1.88 | (49.9) |
| 5. Tham | 5.96 | (53.9) |

(Round 2) Heat 1

| | | |
|------------|-------|--------|
| 1. Sampson | 46.90 | (46.8) |
| 2. Gosper | 47.37 | (47.4) |
| 3. Evans | 47.98 | (47.9) |
| 4. Thomson | 48.83 | (48.8) |
| 5. Jackson | 49.51 | (49.2) |

Heat 2

| | | |
|----------------|-------|--------|
| 1. Spence (SA) | 46.71 | (46.7) |
| 2. Salisbury | 47.28 | (47.3) |
| 3. Boit | 48.02 | (48.0) |
| 4. Okello | 48.90 | (48.9) |
| 5. Ahmad | 49.51 | (49.4) |

Heat 3

| | | |
|-------------|-------|--------|
| 1. Tobacco | 46.78 | (46.8) |
| 2. Wrighton | 47.16 | (47.2) |
| 3. Kerr | 47.25 | (47.2) |
| 4. Ince | 47.74 | (47.9) |
| 5. Chemweno | 48.35 | (48.3) |
| 6. Paterson | 48.63 | (48.6) |

Heat 4

| | | |
|---------------|-------|--------|
| 1. M.Singh | 47.05 | (47.0) |
| 2. MacIsaac | 47.48 | (47.3) |
| 3. Rotich | 47.60 | (47.5) |
| 4. Johnson | 47.66 | (47.7) |
| 5. Mal Spence | 47.95 | (48.4) |

(Semi-finals)

Heat 1

| | | |
|---------------|-------|--------|
| 1. Spence(SA) | 47.41 | (47.3) |
| 2. Wrighton | 47.65 | (47.5) |
| 3. Tobacco | 47.83 | (47.9) |
| 4. Sampson | 48.18 | (48.2) |
| 5. Kerr | 48.44 | (48.4) |
| 6. Boit | 49.70 | (49.8) |

Heat 2

| | | |
|--------------|-------|--------|
| 1. M.Singh | 47.48 | (47.4) |
| 2. Salisbury | 47.56 | (47.4) |
| 3. MacIsaac | 48.14 | (48.1) |
| 4. Gosper | 48.18 | (48.1) |
| 5. Rotich | 48.33 | (48.2) |
| 6. Evans | 48.90 | (48.9) |

(Final)

| | | |
|--------------|-------|--------|
| 1. M.Singh | 46.71 | (46.6) |
| 2. Spence | 46.90 | (46.9) |
| 3. Tobacco | 47.05 | (47.0) |
| 4. Salisbury | 47.15 | (47.1) |
| 5. Wrighton | 47.24 | (47.2) |
| 6. MacIsaac | 48.82 | (48.9) |

880 YARDS (Round 1)

Heat 1

| | | |
|---------------|---------|--------|
| 1. Hewson | 1:52.61 | (52.6) |
| 2. Smith | 52.74 | (52.8) |
| 3. Mullins | 53.22 | (53.2) |
| 4. Macdonald | 54.77 | (54.6) |
| 5. Billington | 57.28 | (57.3) |
| 6. Seth | 57.92 | (57.9) |
| 7. ? | 57.96 | |
| 8. ? | 58.67 | |

Heat 2

| | | |
|-------------|---------|--------|
| 1. Elliott | 1:52.53 | (52.3) |
| 2. Buswell | 53.06 | (53.0) |
| 3. Horrell | 54.30 | (54.2) |
| 4. Paterson | 54.59 | (54.4) |
| 5. Adeleye | 55.46 | (55.3) |
| 6. Owusu | 55.81 | (55.4) |
| 7. ? | 56.06 | |

Heat 3

| | | |
|-------------|---------|--------|
| 1. Rawson | 1:54.54 | (54.6) |
| 2. Sullivan | 54.62 | (54.6) |
| 3. Everett | 55.22 | (55.1) |
| 4. Evans | 55.42 | (55.3) |
| 5. Keter | 55.48 | (55.4) |
| 6. Tawton | 58.10 | (57.0) |

Heat 4

| | | |
|----------------|---------|--------|
| 1. Farrell | 1:54.84 | (54.6) |
| 2. Locke | 54.98 | (55.0) |
| 3. Clement | 55.08 | (55.0) |
| 4. Williams | 56.49 | (56.3) |
| 5. Shillington | 57.06 | (56.9) |
| 6. Kitchener | 57.70 | (57.6) |
| 7. ? | 58.36 | |

(Final)

| | | |
|-------------|---------|--------|
| 1. Elliott | 1:49.32 | (49.3) |
| 2. Hewson | 49.47 | (49.5) |
| 3. Rawson | 50.94 | (51.1) |
| 4. Sullivan | 51.24 | (51.3) |
| 5. Smith | 51.59 | (51.5) |
| 6. Farrell | 51.85 | (52.1) |
| 7. Locke | 54.83 | (54.7) |

1 MILE (Round 1)

Heat 1

| | | |
|-------------|---------|--------|
| 1. Elliott | 4:07.03 | (07.0) |
| 2. Pirie | 07.92 | (07.9) |
| 3. Blagrove | 08.53 | (08.6) |
| 4. Everett | 10.17 | (10.0) |
| 5. Pumphrey | 12.31 | (12.3) |
| 6. Baillie | 13.28 | (13.2) |
| 7. No.25 | 14.91 | |

Heat 2

| | |
|--------------|---------------|
| 1. Lincoln | 4:03.56(03.4) |
| 2. Berisford | 04.57(04.6) |
| 3. Scott | 05.86(05.9) |
| 4. Morton | 07.73(07.6) |
| 5. Boyd | 11.52(11.6) |
| 6. Clark | 13.16(13.0) |

Heat 3

| | |
|--------------|---------------|
| 1. Hewson | 4:09.57(09.6) |
| 2. Halberg | 10.00(09.9) |
| 3. Thomas | 10.23(10.2) |
| 4. Gordon | 10.77(10.7) |
| 5. Maiyoro | 16.19(16.1) |
| 6. Kitchener | - (32.3) |

(Final)

| | |
|--------------|---------------|
| 1. Elliott | 3:59.03(59.0) |
| 2. Lincoln | 4:01.80(01.9) |
| 3. Thomas | 02.77(02.7) |
| 4. Pirie | 04.01(04.1) |
| 5. Halberg | 06.65(06.6) |
| 6. Berisford | 06.77(07.8)! |
| 7. Blagrove | 07.78(08.0) |
| 8. Hewson | 10.98(11.1) |
| 9. Scott | 12.06(11.9) |

3 MILES

| | |
|-------------|----------------|
| 1. Halberg | 13:14.96(15.0) |
| * | 24.26(-) |
| 2. Thomas | 24.37(24.0) |
| 3. Scott | 26.06(26.2) |
| * | 29.25(-) |
| 4. Pirie | 29.45(29.6) |
| * | 30.76(-) |
| 5. Clark | 31.41(30.6) |
| 6. Merriman | 32.06(32.4) |

| | |
|-----------------------|----------------|
| 7. Power | 13:37.37(37.6) |
| * | 37.95(-) |
| 8. Onentia | 39.47(-) |
| 9. Baillie | 40.92(-) |
| 10. Ibbotson | 44.18(-) |
| 11. Bullivant | 45.67(-) |
| (film ended at 13:48) | |
| * lapped runner | |

6 MILES

| | |
|-----------------------|----------------|
| 1. ... | 28:48.16(47.8) |
| 2. Merriman | 48.84(48.8) |
| 3. Onentia | 51.48(51.2) |
| 4. Hyman | 58.59(58.6) |
| * | 59.82(-) |
| * | 29:12.01(-) |
| *(Eldon) | 14.09(-) |
| (film ended at 29:28) | |
| *lapped runner | |

120 YARDS HURDLES (Round 1)Heat 1

| | |
|------------|-------------|
| 1. Gardner | 14.50(14.4) |
| 2. Stanger | 14.66(14.9) |
| 3. Birrell | 14.97(15.0) |
| 4. Price | 15.11(15.0) |

Heat 2

| | |
|-------------|-------------|
| 1. Raziq | 14.52(14.4) |
| 2. Swart | 14.54(14.5) |
| 3. Obi | 14.67(14.7) |
| 4. Matthews | 15.03(14.9) |
| 4. Lansana | 15.36(15.3) |

Heat 4

| | |
|------------|-------------|
| 1. Malan | 14.54(14.5) |
| 2. Oloko | 14.61(14.5) |
| 3. Taitt | 14.90(14.8) |
| 4. Taylor | 14.99(14.9) |
| 5. Brunyee | 15.22(15.1) |

(Semi-finals)Heat 1*

| | |
|-------------|-------------|
| 1. Gardner | 14.35(14.3) |
| 2. Hildreth | 14.40(14.5) |
| 3. Raziq | 14.40(14.5) |
| 4. Duncan | 14.57(14.6) |
| 5. Oloko | - (-) |

*subject to confirmation
(film missing)

Heat 2

| | |
|-------------|-------------|
| 1. Swart | 14.31(14.2) |
| 2. Stanger | 14.48(14.5) |
| 3. Primrose | 14.57(14.5) |
| 4. Taitt | 14.65(14.5) |
| 5. Obi | 14.73(14.7) |
| 6. Birrell | 14.84(14.8) |

(Final)*

| | |
|-------------|-------------|
| 1. ... | 14.20(14.0) |
| 2. Swart | 14.30(14.2) |
| 3. Raziq | 14.32(14.3) |
| 4. Stanger | 14.42(14.3) |
| 5. Hildreth | 14.50(14.4) |
| 6. Primrose | 14.97(14.9) |

*subject to confirmation
(film missing)

440 YARDS HURDLES

(Round 1 - no films)

Heat 1 (Semi-finals)

| | |
|--------------|-------------|
| 1. Potgieter | 51.23(51.1) |
| 2. Metcalf | 53.53(53.4) |
| 3. Shepherd | 53.56(53.4) |
| 4. Hannah | 53.97(53.9) |
| 5. Usmani | 57.09(57.0) |
| 6. Yacub | 57.19(57.0) |

Heat 2

| | |
|------------|-------------|
| 1. Lean | 51.81(51.8) |
| 2. Rotich | 52.98(52.9) |
| 3. Goudge | 53.85(53.7) |
| 4. Shaw | 54.29(54.2) |
| 5. Cumming | 59.38(59.2) |

(Final)

| | |
|--------------|-------------|
| 1. Potgieter | 49.73(49.7) |
| 2. Lean | 50.50(50.6) |
| 3. Rotich | 51.15(51.7) |
| 4. Metcalf | 52.35(52.4) |
| 5. Goudge | 52.39(52.5) |
| 6. Shepherd | 52.69(52.8) |

4 x 110 YARDS (Round 1)Heat 1

| | |
|--------------|-------------|
| 1. England | 40.92(40.9) |
| 2. Australia | 42.20(42.3) |
| 3. Uganda | 42.47(42.4) |
| 4. Trinidad | 42.49(42.5) |
| 5. N.Ireland | 42.97(43.0) |

Heat 2

| | |
|------------|-------------|
| 1. Nigeria | 41.63(41.6) |
| 2. ... | 42.24(42.2) |
| 3. Wales | 42.41(42.5) |
| 4. Kenya | 43.06(43.0) |

(Final)

| | |
|--------------|-------------|
| 1. England | 40.72(40.7) |
| 2. Nigeria | 41.05(41.0) |
| 3. Australia | 41.11(41.5) |

4 x 440 YARDS (Round 1)

| Heat 1 | Heat 2 | (Final) |
|----------------------------|--------------------------|----------------------------|
| 1. S. Africa 3:13.46(13.4) | 1. Jamaica 3:13.72(13.7) | 1. S. Africa 3:08.21(08.1) |
| 2. Canada 14.14(14.2) | 2. England 16.16(16.0) | 2. England 09.61(09.6) |
| 3. India 15.37(15.5) | 3. Kenya 16.71(16.7) | 3. Jamaica 10.08(10.1) |
| 4. Scotland 17.29(17.4) | 4. Trinidad 19.77(19.8) | 4. Canada 12.72(12.8) |
| 5. Ghana 21.44(21.4) | | 5. India 15.39(15.3) |
| | | 6. Kenya 16.72(16.7) |

WOMEN

100 YARDS (Round 1)

| Heat 1 | Heat 2 | Heat 3 |
|-------------------------|--------------------------|---------------------------------|
| 1. Cuthbert 11.06(10.8) | 1. Willard 11.03(10.9) | 1. Paul 10.98(10.7) |
| 2. Hyman 11.22(11.0) | 2. Stuart 11.44(11.3) | 2. Johnson 11.17(11.1) |
| 3. Haslam 11.29(11.1) | 3. Symon 11.63(11.5) | 3. Chamberlain 11.57(11.4) |
| 4. Jones 11.61(11.4) | 4. Berman 11.72(11.5) | 4. Whitehead 11.60(11.4) |
| 5. Jamieson 11.62(11.5) | 5. Masdammer 11.76(11.6) | 5. Tindall 11.63(11.4) |
| 6. Payne 11.64(11.5) | | 6. Papafio 11.88(11.7) |
| Heat 4 | Heat 5 | Heat 6 |
| 1. Young 10.97(10.7) | 1. Weston 11.08(11.0) | 1. Hayes 11.14(11.0) |
| 2. Myburgh 11.18(11.0) | 2. Shaw 11.13(11.0) | 2. Campbell 11.48(11.4) |
| 3. Rever 11.37(11.2) | 3. Ogbeni 11.52(11.4) | 3. Weigel 11.55(11.4) |
| 4. D'Souza 12.12(12.0) | 4. Lewis 11.65(11.4) | 4. Kyle given 4th 11.58(11.4) |
| | 5. Williams 11.74(11.6) | 5. Turner given 3rd 11.97(11.9) |

(Semi-finals)

| Heat 1 | Heat 2 | (Final) |
|-------------------------|-------------------------|-------------------------|
| 1. Weston 11.03(10.9) | 1. Willard 10.85(10.7) | 1. Willard 10.70(10.6) |
| 2. Cuthbert 11.04(10.9) | 2. Young 10.91(10.9) | 2. Young 10.73(10.6) |
| 3. Paul 11.05(10.9) | 3. Shaw 11.14(11.0) | 3. Weston 10.81(10.7) |
| 4. Hayes 11.08(10.9) | 4. Hyman 11.26(11.1) | 4. Cuthbert 10.84(10.7) |
| 5. Myburgh 11.18(11.1) | 5. Campbell 11.49(11.3) | 5. Paul 10.93(10.8) |
| 6. Stuart 11.32(?) | 6. Johnson 11.85(11.6) | 6. Shaw 11.09(11.0) |

220 YARDS (Round 1)

| Heat 1 | Heat 2 | Heat 3 |
|--------------------------|-------------------------|----------------------------|
| 1. Cuthbert 24.40(24.5) | 1. Willard 24.28(24.3) | 1. Paul 24.65(24.7) |
| 2. Rever 25.43(25.4) | 2. Hiscox 24.68(24.6) | 2. Berman 25.80(25.7) |
| 3. Jamieson 26.04(26.0) | 3. Tyndall 25.34(25.2) | 3. Lewis 26.51(26.5) |
| 4. Williams 27.55(27.5) | 4. Kyle 25.86(25.7) | 4. Williams - (-) |
| | 5. Payne 26.40(26.2) | |
| Heat 4 | Heat 5 | Heat 6 |
| 1. Dew 24.42(24.4) | 1. Haslam 24.33(24.4) | 1. Young 24.69(24.7) |
| 2. Shaw 24.71(24.7) | 2. Myburgh 24.71(24.7) | 2. Chamberlain 25.79(25.8) |
| 3. Whitehead 25.18(25.2) | 3. Campbell 25.53(25.4) | 3. Bond 26.07(26.2) |
| 4. Bright 27.86(27.8) | 4. D'Souza 26.22(26.2) | 4. Barnett 26.99(27.0) |

(Semi-finals)

| Heat 1 | Heat 2 | (Final) |
|-------------------------|------------------------|-------------------------|
| 1. Cuthbert 23.94(24.0) | 1. Willard 24.04(24.0) | 1. Willard 23.65(23.6) |
| 2. Young 24.17(24.1) | 2. Paul 24.20(24.1) | 2. Cuthbert 23.77(23.8) |
| 3. Myburgh 24.45(24.5) | 3. Haslam 24.23(24.1) | 3. Young 23.90(23.9) |
| 4. Dew 24.46(24.5) | 4. Hiscox 24.85(24.9) | 4. Paul 24.14(24.0) |
| 5. Berman disq. | 5. Shaw 24.89(25.1) | 5. Myburgh 24.51(24.4) |
| | 6. Rever 25.52(25.3) | 6. Haslam 24.63(24.7) |