

EDITORIAL

NUTS member of the year award goes to Ken Bennett! He sent in more report forms than anyone else (23, two more than Dave Cocksedge), compiled the HT and JT lists, and came up with Welsh lists and championship results promptly. The organisation would be in a pretty healthy state if other members were doing only half as much as Ken, Alan Lindop or Peter Martin to name three. Such, unfortunately, is not the case. I received from Peter Matthews an analysis of the number of report forms sent in last year; excluding list compilers or those contributing in some other specific way, the number who failed to send a single form was appallingly high.

Please make sure that during the coming season you actually return some forms, and if you run out, write to the Secretary for more.

MISCELLANY

• At the last EC meeting of 1968, Bob Phillips presented a cheque for 18 gns to Peter Hopkins, in recognition of his long service to the organisation as Secretary. Peter writes: "I would like to thank all those members who subscribed to the presentation to me. I was very surprised and deeply touched. I hope I was of some use to the organisation during my term of office which I enjoyed very much. I intend purchasing a stop-watch with the proceeds (most unoriginal, but very appropriate I feel)."

• Bob Phillips himself is leaving World Sports in April to join the staff of the Coventry Evening Telegraph and will therefore be forced to resign as Chairman. We wish him every success and look forward to seeing him during the season.

• It's good to hear from our two overseas members, Simon Pearson and Ian Smith. John Lusardi will be going out to California, where he will join the staff of Track & Field News. He may even realise his ambition to direct a film in Hollywood! And Peter May will probably be going to Canada.

• Richard Szreter is in print again, this time in Universities Quarterly (23:1), with an examination of the academic backgrounds of university vice-chancellors. The article was mentioned in both the New Statesman and The Guardian.

• Included as a supplement to this issue is the first instalment of what is probably the most important piece of research ever published by the organisation: UK top 10 year lists from 1866. Any comments, etc. should be sent to Dave Terry, 5 Grange Close, Heston, HOUNSLOW, Middx. Circulated with this issue is a paper by Keith Morbey, on which members are invited to comment.

• The NUTS track and field meeting, as most of you will have noted, is to be a men's pentathlon at Crystal Palace on May 3. Naturally we're hoping for a good entry and it is highly probable that the UK best will be improved. I hope that many members outside London can attend; there will certainly be plenty of opportunities to assist in running the meeting.

• Reminder!! There is still plenty of NUTS headed paper left, so if you haven't asked for any please do so. I want to exhaust supplies as soon as possible so that a revised print can be ordered.

RESEARCH IN PROGRESS AND PROJECTED

Please send details to the Editor if you wish to be included in this section. Offers to co-operate on particular projects should be addressed direct to the compiler.

Shaun Adair	- UK Track Directory
Roger Gynn	- Field events series
Andrew Huxtable	- Best brothers and sisters (world & UK) Best married couples (world & UK) Best twins (world & UK)
Peter Martin	- WAAA junior and intermediate championship results before 1957 All time bests and dates of birth (juniors & intermediates)
Peter Matthews	- Best 5 marks average (world & UK) Best marks in individual events by decathletes and pentathletes (world & UK)
Keith Morbey	- UK top 10 year lists (1919-49) World, European and Commonwealth relay lists (men & women) UK relay lists (all age groups, men & women) Championship results and record progression in relays
Pete Pozzoli	- UK all time best performers, age records and county records by birth (women)
Bob Sparks	- Conversion tables (equivalents in track events) Wind assistance in 200m/220y turn (revised) Growth curve analysis
Dave Terry and Peter Lovesey	- UK top 10 year lists (1866-1918)

10 YEARS OF JUNIOR PROGRESS by Dave Cocksedge

The tables below summarise the progress made in the decade 1958-68 by UK juniors. Some events may be considered to be still "in slumber"... 120yH, HJ and DT for example have hardly improved in depth. I could not, unfortunately, include the steeplechase as the standard distance has been altered in the intervening years from 1,500m to 2,000m. It should be pointed out that in 1958 the standard weight javelin was 700 gr and it is reasonable to assume that the numbers achieving the minima shown would have been greater had the 800 gr implement been in use regularly.

<u>100y</u>		1958	1968	<u>220y</u>		1958	1968
under	10.2	31	32	under	22.5	14	23
"	10.1	6	20	"	22.3	8	14
"	10.0	3	9	"	22.0	3	7
Best mark		9.6	9.7	Best mark		20.9+	20.8+
<u>440y</u>		1958	1968	<u>880y</u>		1958	1968
under	50.5	12	41	under	1:56.0	11	25
"	50.0	5	22	"	1:54.0	3	13
"	49.5	3	15	"	1:53.5	1	9
Best mark		48.5+	47.3+	Best mark		1:53.0	1:47.4
<u>1M</u>		1958	1968	<u>2M</u>		1958	1968
under	4:19.0	16	41	under	9:20	1	32
"	4:15.0	3	22	"	9:15	1	21
"	4:12.0		10	"	9:10		15
Best mark		4:14.5	4:02.4	Best mark		9:10.0	8:35.4

	1952	1963		1950	1960
under 14:45	2	33	under 15.0	19	22
" 14:25		16	" 15.5	9	12
" 14:15		12	" 15.1	2	5
Best mark	14:32.8	13:27.0	Best mark	14.9	14.5
<u>HJ</u>	1958	1968	<u>PV</u>	1958	1968
over 1.78	27	32	over 3.35	13	28
" 1.83	9	12	" 3.50	6	17
" 1.88	4	4	" 3.81		6
Best mark	1.96	1.92	Best mark	3.76	4.60
<u>LJ</u>	1958	1968	<u>TJ</u>	1958	1968
over 6.65	9	43	over 13.71	8	39
" 6.86	3	16	" 13.82	5	28
" 7.01	2	5	" 14.17	2	14
Best mark	7.07	7.32	Best mark	14.39	14.88
<u>SP</u>	1958	1968	<u>DT</u>	1958	1968
over 14.78	13	21	over 44.20	19	22
" 15.24	6	16	" 45.72	14	15
" 15.85	3	8	" 48.76	3	4
Best mark	16.74	17.54	Best mark	51.82	56.18
<u>HT</u>	1958	1968	<u>JT</u>	1958	1968
over 42.66	13	22	over 53.34	6	27
" 45.72	9	19	" 56.38	3	11
" 51.82	4	9	" 57.90	2	6
Best mark	59.00	62.58	Best mark	60.34	69.26

JUNIOR WOMEN'S 880y EXPLOSION IN 1968 by Peter Martin

The event has only been recognised by the WAAA for two years, being introduced at a stormy AGM in February, 1967.

For the uninitiated, junior girls are over 11 but under 15 years of age at midnight on September 1/2 in the year of competition. Because of a "tie-up" between the Department of Education and Science and the governing bodies, this unique qualifying date was adopted. In 1967 many experimental and "split" age-group races were run. Such was the success of these, that few 11-13 and 13-15 events took place last season.

A comparison between 1967 and 1968 reveals what can only be described as an explosion of activity. Thus, in 1967 22 athletes ran 2:30 or faster on 58 occasions, whereas in 1968 the corresponding figures were 43 and 202.

Taking into consideration the fact that the top girls tend to compete more often (Shirley Swift, for example, had two races per week during last season!) for obvious - if not always creditable - reasons, even "club" girls improved as well.

If this progress were maintained, phenomenal depth would occur in 1990, but this is extremely unlikely to happen, since such rapid growth can be expected with a new event.

An analysis of performances at 2:30 and better in 1968 follows:

Shirley Swift (6.9.53) Gloucester AC	2:19.7	2:20.7	2:20.9	2:20.9	2:21.4
	2:21.6	2:21.8	2:21.8	2:23.0	2:23.7
	2:23.7	2:24.1	2:24.2	2:24.6	2:24.8
	2:25.2	2:25.4	2:25.4	2:26.0	2:26.1+
	2:26.2	2:27.0	2:27.5	2:27.8	2:27.8
	2:28.7				
Helen Campbell (25.10.54) Leamington AC	2:20.3	2:24.2	2:24.9	2:25.6	2:27.0
	2:27.3	2:27.8	2:28.0	2:28.3	2:29.8

Julie Bainford (21.12.53)	Bury & Radcliffe AC	2:21.4	2:22.2	2:22.4	2:22.5	2:23.3
		2:23.4	2:24.0	2:24.4	2:25.1	2:25.2
Jane Saunders (3.6.54)	Basildon AC	2:22.5	2:23.4	2:24.2	2:25.2	2:26.1
Sandra Marquis (31.3.54)	Watford H	2:22.5	2:24.2	2:24.4	2:26.7	2:27.4
Mary Sonner (7.8.54)	Watford H	2:22.6	2:22.8	2:23.2	2:23.8	2:24.0
		2:24.8	2:25.5	2:25.8	2:26.5	2:26.7
Hilary York (18.10.53)	Westbury H	2:23.0	2:23.1	2:24.5	2:24.8	2:25.0
		2:25.5	2:26.8	2:27.0	2:28.9	2:29.4
Susan Howell (9.9.53)	Hull Achilles	2:23.1	2:23.7	2:24.2	2:25.0	2:25.1
Janet Dalton (6.9.53)	Birchfield HLS	2:23.4	2:26.0	2:26.3	2:26.7	2:27.8
Theresa O'Brien (19.4.54)	Haywards Heath AC	2:23.5	2:25.2	2:25.4	2:25.6	2:26.5
Mabel Conway (6.7.54)	Birchfield HLS	2:23.6	2:23.7	2:25.0	2:25.2	2:27.4
Dawn Webster (15.2.54)	Hull Spartan	2:27.5	2:28.1	2:29.2		
Sheila Sugden (7.12.53)	Airedale & Spen Valley AC	2:24.0	2:24.4	2:24.6	2:26.2	2:26.5
Maureen Huggins (22.1.54)	Selsonia AC	2:24.7	2:25.8	2:26.0	2:26.1	2:28.8
Diana Marchment (17.5.54)	Croydon H	2:24.8	2:25.0	2:27.1	2:27.4	2:27.8
Mary Grainger (2.9.53)	Blackpool & Fylde AC	2:24.8	2:25.7	2:25.9	2:29.3	
Linda Norgett (8.10.53)	Worthing H	2:25.2	2:27.0	2:27.3	2:28.0	2:28.5
Maureen Crates (1.3.54)	Thurrock H	2:26.1	2:28.8			
P. Chunn (4.3.54)	Swindon AC	2:26.1	2:29.3			
Cheryl Heaver (21.9.54)	Portsmouth AC	2:26.4				
Jackie Grimes (10.2.54)	Westbury H	2:26.5	2:26.8			
Margaret Parris (19.1.55)	Dick Sheppard S.	2:26.8	2:27.1	2:27.3	2:27.7	2:28.7
Gillian Mather (27.10.53)	Wigan AC	2:26.9	2:29.6			
Margaret Cope (29.3.55)	Birchfield HLS	2:27.0				
Kathleen Waller (22.4.54)	City of Stoke AC	2:27.4	2:27.5	2:29.0	2:29.3	
Glenys Atkinson (21.8.54)	Thurrock H	2:27.5	2:28.5			
Susan Burvill (20.4.54)	Folkestone AC	2:27.6				
Lesley Wheeler (2.4.54)	Birchfield HLS	2:27.6	2:29.0			
Wendy Keiner (5.1.54)	Woking AC	2:27.8	2:28.6	2:29.0	2:29.8	
June Farnworth (17.6.54)	Bury & Radcliffe AC	2:27.8				
Rose Murphy (26.4.54)	Bathgate AC	2:28.0	2:28.1	2:29.4		
June Holland (16.3.54)	Derby LAC	2:28.1	2:30.0			
Ann Cottis (2.10.53)	Feltham AC	2:28.4				
A. Williams ()	Spenborough	2:28.5	2:29.9			
Patricia Slyde (11.1.54)	Wolverhampton	2:28.6	2:29.4			
M. Lewis ()	Westbury H	2:28.8	2:29.0			

Gillian Hodge (26.8.55) Oldham & Rayton HAC 2:28.8 2:29.5
 Brenda Peters (28.10.53) Wigan AC 2:29.0 2:29.2 2:29.8
 Carole Johnson (12.4.54) 2:29.2
 Avril Jones () Haywards 2:29.2
 Heath AC
 J. Hancock (25.9.54) Westbury H 2:29.5
 Rae Ransome (8.4.54) Holbeach & Spalding AC 2:29.6
 Denise Page (11.9.53) Dinnington AC 2:29.9
 + 800m time plus 0.8

(With acknowledgments to Shirley Swift & Ronald Freeman)

IDIOSYNCRATHLETICS by Colin Young

Having thoroughly enjoyed the article "Proper Men" by Bob Phillips (NUTS Notes, Vol.6, No.3), I should like to add some views of my own. Bob mentioned many of my own personal favourites - Clarke, Jazy, Herrmann, Johnson - but making an even greater impression over the past 20 years have been the runners who, through effort displayed facially or bodily, show the fortitude needed to surmount the pain inseparable from optimum effort.

Bob's "God-like" runners, originating I would assume from the era of the "Flying Finns" (Salminen, Iso-Hollo, Nurmi and Heino), always have such an aura about them that they leave me with a feeling of the unattainable when I compare my own humble striving to reach a respectable standard.

In contrast, the "un-God-like" runners - even when achieving the most outstanding feats - always appear "human", so giving the onlooker the impression that even the highest goals are possible. One such performer was Stanislav Jungwirth, whose shoulder shrugging, crab-like movement made him look quite pedestrian instead of one of the finest solo runners yet seen. Vladimir Kuts, so lumbering in action but so effective in murdering a field from the front, also stands out. At home we have seen the metronomic head rolling of Jim Peters, the arm clawing of Buddy Edelen, and the swaying Stan Eldon, all revealing the anguish of long distance running.

Reigning supreme among uninhibited runners is, of course, Emil Zátopek, who probably caught the imagination of the general public and his fellow athletes by not only his astonishing training methods and his wonderful personality but also, I think, his expressive and perfectly natural running action.

While coaches and theorists might prefer the "stylist", the majority of spectators generally remember most vividly the athletes who may often be described as "ungainly".

INTERNATIONAL MARATHON STATISTICS 1969

This 32 page booklet, compiled by Roger Gynn, has just been published and copies may be obtained price 5/6 (post free) from Arena Publications Ltd, 325c Streatham High Road, LONDON, SW 16. It contains very deep lists of performers and performances for the world, Europe and the UK and should be the forerunner of a long series.

